



Innovative Case Management Implementation :

Leading an Inter-Disciplinary Transition Service Team
for Working People with ASD from Management Perspective

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「創我天地
“My Way”」

Transitions are well known to be difficult for people with Autism Spectrum Disorder (ASD). Yet, not much related service is available in Hong Kong. My Way Project (MWP) is therefore conducted to facilitate successful transitions of people suffering from ASD aged between 15–30 years old.

My Way Team appreciated the diverse and individualized needs of people with ASD at different life stages and adopted a pioneer “Synergy Case Management”. In this innovative approach, Occupational Therapist (OT) and Social Worker (SW) contribute and co-work simultaneously throughout the entire MWP process. The project manager believes that SW and OT have their uniqueness and expertise for working people with ASD. SW focuses on personal growth and networking, OT focuses on personal functioning and environment modification. Manager emphasizes to input OT and SW elements in the whole process of intervention such as assessment, transition plan design, direct individual and group training, therapeutic placement, counseling and family support for promoting advocacy and self-determination. Two professionals involve all intervention. Due to two professionals’ case manager model and intensive inputs, the manpower is re-structured by management. The ratio of SW and OT is therefore increased. Sometimes, two professionals have different point of views when discussing the case issues. Management will have to compromise the two parties. Moreover, management supports two professionals to attend related training together in order to have common knowledge and skills for working people with ASD. Regular meeting is scheduled for case and operation discussion and is achieved to facilitate communication among teammates.

Under “synergy case management”, preliminary post-intervention results are positive and promising, indicated by the Goal Attainment Scaling (GAS) and qualitative feedback from participants, families and adjacent settings. Our project has achieved high level of effectiveness on outcome, comprehensive understanding of case need and high level of effectiveness on administrative and care process.

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